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| Key skillsWorkshop Design Arts FacilitationWellness Facilitation Relationship BuildingCommunity Engagement Event PlanningOrganisationCommunicationAdaptabilityReliabilityEducation & TrainingAdvanced Diploma of Performing Arts (Acting) | Adelaide Collage of the Arts2011 – 2013Laughter Yoga Leader Certification | Laughter Yoga University, New Delhi 2023African Dance Training | Four Traditional Dance Tours, Guinea – West Africa 2020 - 2025Licences & CertificationsSeizure Recognition and First Aid Certification | The Epilepsy Centre2024RRHAN-EC Masterclass | Plink2024Working with Children Check (WWCC) – Vulnerable People and Children| Valid 2024 – 2029Full Drivers Licence (Class C)Accolades **Weekly Fringe Award** – Best Workshop Presented at the Adelaide Fringe 2025.Helpmann Academy Grant Recipient – Supported to present my performance at the Edinburgh Fringe Festival, 2018.**Adelaide Festival Centre inSPACE Development Award** – Best Original Performance at the Adelaide Fringe 2018 **Scholarship to Study Acting and Facilitation at the Centre of Playback Theatre, New York** – 2015. | **Summary**I am a creative professional with 8 years of experience as a creative facilitator and 1.5 years working with people with disabilities and their support workers. I specialise in designing and leading arts-based workshops that promote well-being and inclusion. My goal is to support communities by encouraging joy and connection.**Career History****Feeling Good Afro Dance and Design (self-employed)****Arts and Wellness Coordinator** April 2020 – Present• Designs and leads weekly dance and creative wellness workshops, including for individuals with disabilities.**Key responsibilities**• Plans and coordinates upcoming projects while maintaining strong relationships with clients to ensure successful program delivery.• Manages the administration, marketing, and community outreach for the business.**Achievements**• Developed a loyal client base and received positive feedback.• Presented events and workshops at both SALA Festival 2024 and Adelaide Fringe 2025, showcasing a fusion of wellness and creativity.**Carclew** **Performing Arts Facilitator**(Select projects) September 2024 – Present• Developed and implement engaging theatre and dance programs for Aboriginal children and young people in schools and community settings.**Key Responsibilities**• Creating a supportive and inclusive environment, encouraging self-expression and confidence.• Work closely with Aboriginal educators to ensure cultural sensitivity and authenticity in program content and delivery.**Achievements**• Designed an achievable program, culminating in a community performance celebrating participants’ creativity and storytelling.• Built strong relationships with educators and community leaders to enhance engagement and participation.**City of Charles Sturt Libraries****Arts and Wellness facilitator** Contract from April 2024 – July 2024• Designed and facilitated mindful arts-based workshops for community engagement and well-being.**Key responsibilities**• Delivered hands-on, therapeutic arts workshops for diverse groups, including those with special needs.• Promoted inclusion and well-being through creative activities.**Achievements**• Supported a variety of local programs that benefited individuals with diverse needs.**EG Incursions****Creative Facilitator** April 2017 – April 2020• Delivered engaging workshops for primary school students in drama, dance, science and social and emotional learning.**Key responsibilities**• Developed customised content to engage primary school children.**Achievements**• Encouraged effective learning through interactive play.**Volunteering** **Gawler Community House****Art Facilitator**August 2023 – January 2024• Designed and facilitated weekly clay and paint classes for participants of all skill levels.**Key responsibilities**• Guided participants through creative arts projects, encouraging individual expression and skill development.• Promoted social interaction and community engagement through collaborative art-making activities.**Achievements**• Received positive feedback for encouraging self-expression and social connections among participants. **References** Available upon request |