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| Key skills  Workshop Design  Arts Facilitation  Wellness Facilitation  Relationship Building  Community Engagement  Event Planning  Organisation  Communication  Adaptability  Reliability  Education & Training  Advanced Diploma of Performing Arts (Acting) | Adelaide Collage of the Arts 2011 – 2013  Laughter Yoga Leader Certification | Laughter Yoga University, New Delhi  2023  African Dance Training | Four Traditional Dance Tours, Guinea – West Africa  2020 - 2025  Licences & Certifications  Seizure Recognition and First Aid Certification | The Epilepsy Centre 2024  RRHAN-EC Masterclass | Plink 2024  Working with Children Check (WWCC) – Vulnerable People and Children| Valid 2024 – 2029  Full Drivers Licence (Class C)  Accolades  **Weekly Fringe Award** – Best Workshop Presented at the Adelaide Fringe 2025.  Helpmann Academy Grant Recipient – Supported to present my performance at the Edinburgh Fringe Festival, 2018.  **Adelaide Festival Centre inSPACE Development Award** – Best Original Performance at the Adelaide Fringe 2018  **Scholarship to Study Acting and Facilitation at the Centre of Playback Theatre, New York** – 2015. | **Summary**  I am a creative professional with 8 years of experience as a creative facilitator and 1.5 years working with people with disabilities and their support workers. I specialise in designing and leading arts-based workshops that promote well-being and inclusion. My goal is to support communities by encouraging joy and connection.  **Career History**  **Feeling Good Afro Dance and Design (self-employed)** **Arts and Wellness Coordinator**  April 2020 – Present • Designs and leads weekly dance and creative wellness workshops, including for individuals with disabilities. **Key responsibilities** • Plans and coordinates upcoming projects while maintaining strong relationships with clients to ensure successful program delivery. • Manages the administration, marketing, and community outreach for the business. **Achievements** • Developed a loyal client base and received positive feedback. • Presented events and workshops at both SALA Festival 2024 and Adelaide Fringe 2025, showcasing a fusion of wellness and creativity.  **Carclew**  **Performing Arts Facilitator**  (Select projects) September 2024 – Present • Developed and implement engaging theatre and dance programs for Aboriginal children and young people in schools and community settings.  **Key Responsibilities**  • Creating a supportive and inclusive environment, encouraging self-expression and confidence. • Work closely with Aboriginal educators to ensure cultural sensitivity and authenticity in program content and delivery.  **Achievements** • Designed an achievable program, culminating in a community performance celebrating participants’ creativity and storytelling. • Built strong relationships with educators and community leaders to enhance engagement and participation.  **City of Charles Sturt Libraries**  **Arts and Wellness facilitator**  Contract from April 2024 – July 2024 • Designed and facilitated mindful arts-based workshops for community engagement and well-being. **Key responsibilities** • Delivered hands-on, therapeutic arts workshops for diverse groups, including those with special needs. • Promoted inclusion and well-being through creative activities. **Achievements** • Supported a variety of local programs that benefited individuals with diverse needs.  **EG Incursions**  **Creative Facilitator**  April 2017 – April 2020 • Delivered engaging workshops for primary school students in drama, dance, science and social and emotional learning. **Key responsibilities** • Developed customised content to engage primary school children. **Achievements** • Encouraged effective learning through interactive play.  **Volunteering**  **Gawler Community House**  **Art Facilitator** August 2023 – January 2024 • Designed and facilitated weekly clay and paint classes for participants of all skill levels. **Key responsibilities** • Guided participants through creative arts projects, encouraging individual expression and skill development. • Promoted social interaction and community engagement through collaborative art-making activities. **Achievements** • Received positive feedback for encouraging self-expression and social connections among participants.    **References**  Available upon request |